



Vol. 28 No. 7 A Monthly Publication of The Collington Residents Association September 2016

A Lifetime of Winning for Women

by George Newman

Americans everywhere rejoiced in the triumphs of American women in last month's Olympics, but no one was happier than Collington resident Joan Hult, a former member of the U.S. Olympic Committee, who has devoted a lifetime to promoting women's athletics. She counts among her accomplishments a key role in bringing about Title IX, which has been widely credited with opening opportunities for women in sports.

Joan's association with the U.S. Olympic Committee began in the 1960s, when "I went to them and I said, 'You guys are never winning in women's sports and that's because we don't teach women to play competitively.' I said, 'I can give you 10 women that are right now ready to win.'"

This was no idle boast. Since 1958, Joan had been at Concordia College in Moorhead, Minn., where she became chair of the women's physical education department, coached every women's sport except gymnastics and founded the women's intercollegiate sports program. The college honored Joan in 2008,



Joan Hult is a professor emerita at the University of Maryland.
Photo by George Newman.

describing her time at Concordia as "the foundation for her work in developing women's sports programs and fighting for Title IX." She is the first woman inducted into the college's Athletic Hall of Fame.

In 1968 Joan left Concordia for a faculty position at the University of Maryland, coming to the Washington area at a fortuitous time. Working with Birch Bayh, a senator from her home state of Indiana, she helped bring about the passage of Title IX, an amendment to the Civil Rights Act.

Title IX is often described as promoting equality of men's and women's sports programs. But Joan pointed out that it wasn't that simple. "We were smarter than that," she said. Facing a predominantly male Congress and sports establishment, Title IX's backers were careful to keep its language as neutral as possible. She recalled that she and Bayh "worked together quite well, although it's really his wife that kind of talked him into taking this to Congress. He was smart enough to not have a

see Winning p. 2

Winning from p. 1

bunch of women” as prominent advocates, so Joan and others worked behind the scenes.

The original Title IX never mentioned sports. It simply guaranteed equal access to educational opportunity. (Legislation in 1988 mandated gender equality in collegiate athletic scholarships.)

Joan’s interest in equal opportunity began in high school, where she sought to study carpentry. “They said, ‘You can’t do that. You’re a woman.’ My brother wanted to take typing because he had terrible handwriting and they said, ‘No, you can’t take typing unless you take courses about job training for women.’”

Sports opportunities, too, faced segregation, with semi-pro leagues the only options for women. Joan played volleyball, basketball and softball.

Not so many years later she was established on the U.S. Olympic Committee and a regular attendee at Olympic games. Notable was 1972 in Munich, when it fell to Joan as a USOC representative to inform American runners about the terrorist attack that killed 11 Israeli athletes and coaches.

Joan’s association with the University of Maryland continues to this day; she is a professor emerita of kinesiology, the scientific study of body movement. In her honor, every year in March, the university sponsors the Joan S. Hult Women’s History Month Lecture.

Joan is the co-author of a book, “A Century of Women’s Basketball: From Frailty to the Final Four,” published in 1991. She has written a dozen chapters in other books, as well as scores of articles in journals. She remains

physically active, hiking and playing tennis.

Hiking is a lifelong interest. For many years she spent three weeks each summer as a mountain climbing guide and lecturer in residence at a Lutheran retreat center in Washington State.



Joan Hult at Concordia College in Minnesota. Concordia photo.

In a sense, she has spent her life climbing, attaining new heights for herself and for women in sports.

The Collingtonian

**Financed by Residents,
Written by Residents for Residents**

10450 Lottsford Road, Mitchellville, MD 20721
Phone: 301-925-7349

Published monthly (except July and August)
by the Collington Residents Association, Inc.

Editor: George Newman; News Editor: Frances Kolarek. Additional staff and contributors for this issue: Pat Bozeman, Barbara Fairchild, Carl Koch, Peggy Latimer, Jessica Milstead, Peter Pfund, Bill Preston.

Distribution Manager: Ernie Blake.

This issue and many past issues of the Collingtonian are now on line at collingtonresidents.org.

The Collingtonian invites all Collington residents to submit articles, photographs and story suggestions, preferably concerning Collington and its people. We also welcome “Letters to the Editor” commenting on the Collingtonian and its content. Submissions may be e-mailed to collingtonian@gmail.com or placed in the Collingtonian mailbox. All submissions are subject to editing for length, clarity and style.

No Ordinary Library

By Jim Giese

Collington's library has come a long way from its beginnings as an informal book exchange. Today, the library is catalogued and books are organized and shelved by category. New books are bought throughout the year, but, with a limited budget, the library relies on donations to flesh out the collection.



Librarian Barbara Fairchild.
Photo by George Newman.

"Donations started the Collington Library and donations are keeping it stocked with quality books," says Barbara Fairchild, chair of the Library Committee. Barbara, who held several library positions before coming to Collington, heads a group of nearly two dozen residents who devote time to maintaining the collection of about 5,000 volumes.

What the Library Committee does not do is guard the checkout desk. Instead, it provides an "honor system" library that depends on the honesty of its users, enabling it to be open 16 hours a day, 6 a.m. to 10 p.m. Users create their own "library cards" by writing their name on an index card, which is placed in an alphabetical file in the library. When they take out a book, they write down the author, title and date, then place the card in an adjacent file, alphabetized by author. When returning the book, they pull the card, jot down the date, and refile the card in its original place.

Some residents, Barbara says, wonder why they have to sign out a book as long as they return it within the allotted four weeks. But if they do that, she says, they risk condemning favorite authors or topics to the discard pile.

"We're always adding to the collection," she

explains. "We only have so much space, so we have to subtract as well as add. If you didn't sign your book out, we have no record that it's been read. So it's a candidate for discard."

(Some discarded books go to the "windowsill sale" opposite the library entrance; others are donated to charity.)

The library began with Collington's first residents and was initially located in the Creighton Center. Volunteers culled book discards to establish the collection from the earliest residents who were downsizing their own libraries. Others built shelving for the books.

The modern library occupies a substantial portion of one wing of the Community Center. Besides shelved books, the main room boasts a checkout desk, two Collington-supplied computers and a comfortable reading area. At one end is the periodical reading room and at the other two smaller side rooms; one provides space for biographies and the other for archives, including minutes of the Resident Association and its committees. A third room serves as a workroom for committee members.

"People don't know how much work is involved in keeping up the library," says Barbara. Some of the resident volunteers decide which books to purchase. Others shelve returned books and also "shelf read," making sure books are in correct subject category and order. They review dona-

see Library, p. 10

We Welcome Our New Neighbors

By Barbara Fairchild and Peggy Latimer

Tom and Sandra McCain: An Early Encounter

Cottage 2112, Ext. 7293. Tom and Sandra met for the first time as infants, although they only learned about it years later. In what Tom calls their first date, they were baptized at the same time in the same church. "Aside from royalty courtship in the 17th or 18th Century," Tom said, "we probably had the longest courtship of anyone anywhere."

But while they both grew up in and near New Britain, Conn., they attended different schools and didn't meet again until they were college students. At the University of Connecticut, Sandra was studying to become a nurse and Tom, at a local college, to become a teacher. Tom recalls being intimidated by the fact that she was a year older. But when he was a college junior and she a senior, he worked up the courage to ask her out. They married two years later, soon after his graduation.



Sandra began as a public health nurse in New Britain and Tom taught sixth grade in nearby Berlin, Conn. Later, Sandra became director of public health nursing services in Berlin.

When their two children were small, Sandra worked part-time. Tom was an elementary school principal in Chatham, N.J. Sandra was involved in various aspects of public health for 42 years. Tom earned a doctorate at Columbia University and became an assistant superintendent of school in Freeport, Long Island, and later, superintendent in Bernardsville, N.J.

Their first retirement was in the mountains of North Carolina. They came to Collington to be

closer to their two children and five grandchildren.

Tom has been a board member for a bank in New Jersey for 20 years and, until last year, had a consulting business that focused on leadership and communication for both educators and business people.

Sandra started singing with the Sweet Adelines in 1975 and would be happy to find such a group in our area. Both Tom and Sandra sing in the choir at All Hallows Church in Edgewater.

Robert Mezey: Celebrated Poet

Cottage 1216, Ext. 7247. Poet, translator, critic, teacher. So much has been written about and by Robert Mezey that it's probably best to suggest some online resources:



bios, including his many honors, at Wikipedia and the Poetry Foundation; a selection of his poems in *The HyperTexts*, an online poetry journal; and an interview at Poetry International.

Raised in West Philadelphia by "difficult parents," Robert "had the good fortune to survive it pretty well." He excelled in school. Sensing his ability, a high-school guidance counselor gave Robert a book of poems by John Crowe Ransom and suggested he send some of his poems to Ransom at Kenyon College. Soon, he was offered both admission and a scholarship. After a few years there and a stint in the army, he studied at the pioneering University of Iowa writing program and took graduate work at Stanford.

In addition to his numerous works, Robert spent many happy years translating with Richard Barnes all the poetry of Jorge Luis Borges. He taught at a number of institutions, including 24 years at Pomona College. "Poetry is the center of my life," Robert asserts. "Poetry is a difficult art. When I was growing up, it was such a rich period for poetry, but it has changed radically."

And why Collington? "My daughter, who is a law professor at Georgetown, heard about it; now I can see my grandchildren often." Robert is re-working an edition of his collected poems, although he's finding it takes longer to write these

days. In addition, he's plowing through boxes of items to send to the Huntington Library archives, which holds his papers.

Collington is fortunate to have its own "poet laureate," and he already has begun discussing poetry and reading his work here. Just a couple of lines from Robert's "I Saw":

*I saw a leaf that fell, a leaf is falling.
Time is short. I am not complaining.*



**Harry and Shirley Denman:
Math, Science and Bicycles**

Apartment 162, Ext. 5111. Harry, a graduate student from New Jersey, met Shirley, an undergraduate from Ohio, at the University of Cincinnati in an advanced calculus class. They married the next year, after both had graduated, he with an M.S. in applied science and she with a B.A. in mathematics.

Harry was drafted after one year of college, and became a specialist in airplane radio repair for the Air Force in the South Pacific. After his discharge he took advantage of the G.I. Bill to get his B.S. and M.S. After their marriage, both continued to study at Cincinnati. Harry earned a Ph.D. in theoretical physics and Shirley studied for an M.A. but did not complete the thesis as she gave birth to their first child.

They then moved to Massachusetts, where Harry worked for two years at the MIT computer lab on Whirlwind, one of the first digital computers.

Next, Harry was offered a position teaching theoretical physics at Wayne State University in Detroit. They lived in the suburban city of Huntington Woods, where they remained for 46 years.

They became involved with the community. Shirley joined several choruses, an experience that included a tour of Spain and Eastern Europe as a soprano soloist with a chorus. A master gardener, she also taught environmental gardening and served on the Environmental Advisory Committee, as well as raising four children. In addition to his



teaching, Harry worked as a consultant for the Ford Motor Company.

Harry became a serious cyclist, commuting to work and going for long rides on weekends. For his 70th birthday he took part in a 23-day cross-country trip with the Pac-Atlantic Tours. In his eighties, he did the Race Across America, part of a four-man relay team that cycled from San Diego to Folly Beach, S.C., in nine days and one hour.

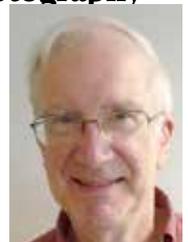
Shirley lost her singing voice after a medical procedure and had to cut back on gardening for health reasons, but you will see her on her recumbent bicycle here at Collington and soon you may see Harry on one, too.

They chose Collington as their retirement home for an unusual reason. Their son, who lives in California, has a friend who came here to visit an aunt. The friend knew that Shirley and Harry were looking at CCRCs in the Detroit area and told their son about Collington.

They have a daughter who lives in University Park and is the Dean of Continuing Education at Prince George's Community College, and she, too, knew about Collington. "We came, looked, liked what we saw, and here we are," Shirley said.

David Montgomery: Physics, Photography and More

Cottage 5010, Ext. 5079. University administration, physics, photography, travel and community service -- not necessarily in that order -- have been at the center of David's life. And he -- or rather his late wife -- forged a Collington connection long before his arrival here.



After growing up in the Chicago area, David earned a B.S. in physics at MIT, then obtained an M.S. and Ph.D. in the same subject at the University of Illinois. He taught physics at Oberlin College.

All through his life, David says, "One thing

see Newcomers, p. 11

The Summer in Pictures

The Collingtonian didn't publish over the summer, and many committees suspended their meetings. But life at Collington hardly slowed down, as these pictures attest.



Residents packed the Auditorium Aug.19 to pay tribute to Chief Financial Officer Amy Harrison, who is leaving Collington to become CFO of the Kendal Corp. Photo by Peter Pfund.



Ernie Blake and Eva Yale were among the party-goers at the "Sea to Shining Sea" dance on July 2. Photo by Peter Pfund.



Peter Pfund added some rhyming levity to the "Home Groan" table where residents can purchase -- for a donation -- produce grown on our campus.

...And More Pictures



Replacing elements of the heating and cooling system for the main building and Creighton Center was a tall order for this crane, pictured on Aug. 25. Photo by George Newman



The Billiard Room gained in popularity, expanding its hours. Herb Anderson lines up a shot while Sy Roman awaits his turn. Photo by George Newman

Grandkid-Friendly Places

By Jim Giese

A short drive from Collington takes you to two little-known visitor centers that both you and your visiting grandchildren can enjoy – the Goddard Space Flight Visitor Center and the National Wildlife Visitor Center, where Collingtonian Charlotte Melichar is a volunteer.



An aerial view of the Goddard Space Flight Center.

Goddard's mission is the unmanned exploration of space. Many well-known satellites were made there, including the Hubble Telescope. Currently the center, which is just east of Greenbelt, is building the James Webb Telescope, the Hubble's replacement. The visitor center has an interactive 3-D tour about this exciting project.

Visitors can also see a moon rock and a wide variety of exhibits, many interactive, as well as watch a Science on a Sphere show at which videos are projected onto all sides of a six-foot floating white ball, showing the surface of earth or another planet. Outside there is an array of rockets of the kind used to launch satellites. Visitors can also buy space ice cream and other food made for astronauts, as well as earthly fare.

To get there, take Lottsford Road to Enterprise Road (Md. 193), turn left and go about four miles to Icesat Road, the next intersection after Good Luck Road. Turn right and follow the signs. The center is open 10-3 Tuesday through Friday and 10-4 Saturday and Sunday. On the first Sunday of each month at

1 p.m. a rocket club launches homemade rockets there.

The National Wildlife Visitor Center, located deep in the woods on the shores of Lake Reddington, offers wildlife dioramas beginning with a giant polar bear, hands-on exhibits, tram rides and hiking trails at the Patuxent National

Refuge. It is open daily except Thursdays from 9:30 A.M. to 4:30 P.M.

The fastest way to get there is to take the Beltway north to the Baltimore-Washington Parkway north. Exit onto Powder Mill Road and go east for two miles. The entrance will be on the right.

Two alternative routes are more scenic. Both require you to go to Md. 193 and turn left. For the first alternative, turn right onto Md. 450, Annapolis Road, and proceed to High Bridge Road. Turn left and head north to Old Town Bowie, once named Collington and noted for its antique shops. The road becomes Chestnut Road. Follow it over the railroad bridge and it becomes Old Laurel-Bowie Road. When it intersects with the new Laurel-Bowie Road, turn left. At the traffic light, turn left again onto Powder Mill Road and follow it to the center's entrance on the left.

For the other scenic way, stay on Greenbelt Road until you reach Lanham-Severn Road just past the railroad bridge. Turn right and go to Springfield Road on the left. Follow that road to Powder Mill Road, turn right and look for the Wildlife Center's entrance on the right.

Restaurant Review: Not-So-Amazing Grace's

By Carl Koch

The story of Grace's Steak and Seafood in nearby Vista Gardens Marketplace is complicated because its menu offers more than 200 dishes of four distinctly different ethnic origins. Upon entering the restaurant, on the right is a sushi bar, then a dining area with tables and booths, and lastly a room with half a dozen teppanyaki tables. On the left is a bar with high tables and a slightly elevated dining area overlooking the bar. Outdoor dining is available through the bar.

The menu offers more than four dozen dishes each of sushi rolls and sashimi, teppanyaki prepared dishes, American and Asian fusion, both small plates and large plates, plus the Chinese menu from the now-closed Grace's Fortune. When my wife Joyce and I arrived at Collington two years ago, Grace's Fortune was the go-to Chinese restaurant for Collingtonians. We did not eat there so we cannot comment on Grace's Steak and Seafood offerings compared to the former place.

On a beautiful day my wife and I visited Grace's Steak and Seafood for lunch and chose to sit outside. We ordered a spicy California sushi roll and chicken spring rolls for appetizers. As entrees we had chicken Pad Thai and Hunan style beef with broccoli, mushrooms and Napa cabbage. One glass of Sauvignon Blanc and a draft Sam Adams were our beverage choices.

The spicy California sushi roll was pronounced as terrific by an experienced sushi diner with its thinly sliced pickled ginger, wasabi mustard and soy sauce providing for creation of the perfect dipping sauce. The spring roll was greasy, indicating that perhaps the deep-fat fryer

was not hot enough this early in the day. The vegetables accompanying the Hunan beef were appropriately crisp and the meat tender. The dark brown Hunan sauce was the proper consistency and tasty but lacked "oomph." The pad Thai was as expected, but an excess of fish sauce made the dish more seafoody than chickeny and not in a good way. These dishes earned mixed reviews, some good, some not so good.

The restaurant is close to Collington and offers many sushi, teppanyaki and Chinese dishes. However, the only pork dishes offered are two types of spareribs. Otherwise if a dish is Oriental and you want it, they got it! Our bill was \$70.28 with tax but not tip, which seems a little high for what we got. Perusal of the menu shows many of the dinner dish prices are between 60%-80% more than at lunch. Our waiter was pleasant and helpful. Wheelchairs can access the restaurant via a curb ramp.

Previous diners have complained that the restaurant is noisy in the bar, dining area and teppanyaki room in the evenings. They did mention that the food and its preparation were excellent in the teppanyaki room. I regret that this place has so many shortcomings, but if you order with the above information in mind, you can have a good meal at a restaurant close to Collington.

Grace's Steak and Seafood, 10531 Martin Luther King Jr. Hwy #300 Bowie, MD 20720 301-809-2988

www.gracesrestaurants.com

Monday-Friday, Lunch – 11:30 – 3 Dinner 3 – 10,

Happy Hour/Sushi/Cocktails – 3 -7, Saturday, Dinner only, 4-11; Sunday, 12 – 9

Outreach Committee Wins Honors

By Frances Kolarek

Nancy Wilson, chair of Collington's Community Outreach Committee, announces with pride that her group was recently honored with a Certificate of Appreciation from M.V.P. Sports, a community organization committed to providing youngsters with athletic opportunities.



Our Outreach Committee has a long-standing tradition of supporting programs aimed at aiding schoolchildren in need. Residents were most recently asked to contribute to a fund for school supplies. A check for \$1,865 landed in the office of Anne McCulley, Treasurer of the Residents Association, within a couple of days.

Peter Pfund, who handles purchasing for the group, tells us that the County's Social Services Department supplies him with a list of needed items, and he avails himself of discounts and warehouse sales to fill the needs.

Carol Kempske, who for seven years headed the group with her late partner Catherine Hudson, tells of taking over the traditional Christmas gift program when it focused exclusively on stuffed animals. Today, funds contributed by residents go toward gifts for children of homeless or jobless parents in the nearby Kettering area. An annual wrapping party draws a dozen enthusiastic residents who take on unwieldy footballs along with square-edged boxes of winter clothing.

Another annual undertaking provides children's books, which are placed in area hospitals to keep visiting youngsters entertained when whiling away time in waiting rooms. Children are encouraged to take home a favorite book, so the

supply always needs to be replenished.

The committee's Mentoring Program last year involved 15 residents who visited Kettering Elementary School twice a month. Each mentor was assigned to a third-grader whom they helped with math and language skills. A pizza party for

all celebrated the end of the year.

A new activity in the planning stages will send "volunteer grandparents" to read to children at Lanham's Cora Rice elementary school, working with pre-kindergarteners through third-graders.

All of these activities depend on the generosity of residents who give freely of their time and their treasure. Letters of appreciation from grateful area parents fill the files.

Community spirit? We have it in spades!

Library from p. 3

tions, pursue overdue books and update the online catalogue.

About half the budget provided by the Residents Association goes to pay for subscriptions to the *Wall Street Journal* and the *New York Times* for the periodical room. Barbara notes that the library gets only one copy of each publication and urges residents not to remove them from the reading room. The reading room also contains an extensive magazine collection, all donated by residents.

The library catalogue resides on the library computers. Or it may be accessed from residents' home computers. Go to www.librarything.com, then enter Collington as the user I.D. and kendal as the password.

Bill Preston on Gardening



Celebrate Collington's Wealth of Trees

We at Collington are blessed with many beautiful ornamental and flowering trees on our campus. Many were planted under the direction of a staff horticulturist years ago. I could write paragraphs about each kind of tree, but for this column I will be brief.

The Crape Myrtles blooming this summer and fall in colors white, pink, red, orange, and lavender are outstanding. Look for spectacular fall leaf color from Red, Sugar, and Norway Maples. Watch out for falling nuts from Black Walnut and the Hickories. Because the Willow and Pin Oaks produce such small acorns, and have such perfect form, they are rated as ideal street and lawn trees.

When the leaves fall, you will notice the white bark of the Sycamore and the yellow peeling bark of the River Birch. Our only planted White Oak (Wye Oak seedling) at Cottage 1017 refuses to drop most of its leaves until spring. Intermittent flowering during winter occurs on Witch Hazel at Cottages 1218 and 2017, and on Higan Cherry behind Cottage 1117.

Early spring heralds pink blooms on the Okame Cherry and Red Leaf Plum. Then come masses of light pink on Yoshino Cherry. These blooms are followed by lots of small cherry fruits noticed and enjoyed only by birds. The aggressive Callery Pear produces clouds of pure white blooms seen especially bordering our parking lots. We have a number of trees of the Saucer Magnolia that come into bloom early.

Finally, the big splash of pink comes with the double-flowering Kwanzan Cherry, followed by pink petals all over the lawns beneath the trees.

Our native Black Locust blooms in the woods, producing a delicious fragrance that is almost overpowering. Redbud is followed by our beloved White and Pink Dogwoods. The noticeable Kousa Dogwood blooms a month

later than our native. We have only two trees of the Japanese Snowbell; in May look behind Cottage 4217 for the pretty white hanging blooms. The bright yellow flower clusters of the Golden Rain Tree, the big white blooms of the Southern Magnolia, and the orange/green cups on the tall Tulip Trees tell you that summer has arrived.

Newcomers from p. 5

led to another." He became an administrator at Oberlin, then Director of Planning and Analysis in Tallahassee, overseeing the state's universities for the Florida Board of Regents.

When Memphis State University obtained a contract with the federal Department of Energy, it hired David to oversee a project evaluating the training of nuclear reactor workers.

He then joined the University of Maryland. During a statewide reorganization, its worldwide operation became an independent university, the University of Maryland University College (UMUC); and David became its first Vice President of Academic Affairs. He formed the first separate administrative structure for 30,000 students around the world.

David tried consulting for a short period. He became active in the Brookdale Citizens' Association in Montgomery County, serving several functions including president. Other volunteer activities included Montgomery County's Family Self-Sufficiency Program and reading for the blind through a weekly radio program.

David's wife was a photographer who had frequent shows. One was here at Collington, prompted by the late resident Bob Elkin, with whom she had earlier mounted a joint exhibit. David's wife encouraged him to exhibit his photography, and he started having his own solo shows, the most recent at the Delaplaine Center in Frederick, Md. David also has written an E-book, "Problem Solving in Real Life".

Drama Group Makes 'Magnolias' Bloom

A Drama Committee production of "Steel Magnolias" filled the Auditorium to capacity on both its performance nights, Aug. 12 and 13. Earlier performances enchanted Creighton Center residents and Marketing prospects.

Tim Sabin, founder of the Doubting Thomas Players at St. Thomas Church in Washington, directed the production. Marilyn Haskel, former music director of St. Paul's Church in New York City, was in charge of music and sound effects.



The full cast, the directors and the ushers: Eloise Branche, Lisa DeCaro, Pauline Mateo, Joan Smith, Tim Sabin, Marilyn Haskel, Pat Howard, Maja Keech, Marion Henry, Joyce Koch, Denise Bunting, Ellie Hagan (Lisa DeCaro, a professional actress, is the daughter-in-law of Pauline Mateo). Karl Edler and Helen Lauck also provided support. Photos by George Newman



Joan Smith and Pat Howard were at the center of the action at the play's setting in a Southern beauty parlor.



Between acts, Marion Henry belts out "Whispering Hope."