

Social Services for Independent Living Residents

Activities Summary 4/22/16

A. Goals and Expectations of our Social Service Dept. for IL Residents:

1. To include in the pre-contract social services discussion with prospective residents: provide information about our social services which would be available to them in the event they choose to come to Collington; ensure that their relevant medical information has been placed in a Collington clinic file; ensure that the resident has been provided the forms and information to complete the Advanced Directive package referenced in B3.
2. To complete within one month after a new resident moves into Collington, a social services Intake Process recognizing that this transition is an important, often stressful and sometimes difficult process.
3. To provide resources or make recommendations about such resources enabling IL Residents to remain, for as long as practicable, independent, creative and self-fulfilled, as well as to maintain their physical, mental and psychosocial wellbeing.
4. To continue outreach to those IL Residents at risk, who may need additional resources to remain safe and in their IL environment.
5. To review requests or possible need for the IL resident to Transition to the Creighton Center.
6. To respond to the concerns of a member of the Collington community concerning a potentially at-risk IL resident.

B. Social Work Intake Process for new IL Residents:

1. To include: reasons for their move to Collington; family and social support network; interests and hobbies; current affect and mood; problems or concerns in regard to the move in process.
2. To identify any issues warranting assistance and planned follow-up.
3. To provide general advice concerning the Advanced Directive package: Durable Power of Attorney (PoA); Advanced Directive forms; MOLST forms; and other means to document each resident's health care wishes. Periodical review of these items.
4. To ask about religious affiliation, if any.
5. To discuss end of life and palliative care issues.
6. To discuss Hospice management
7. To discuss memorial and funeral management

C. Counseling and individual Support for IL Residents:

1. To provide information about the means by which the individual or couple may be supported to remain in their IL arrangement ("Aging in Place").
2. To provide resources which might help mitigate personal relationship issues.
3. To discuss possible transition to different levels of care.
4. To discuss end of life and palliative care issues.
5. To discuss Hospice arrangements.
6. To discuss memorial and funeral arrangements.
7. To provide resources on legal matters (such as the documents listed in B3 above) and estate settlement issues.

8. To provide the list of the multiple actions which are needed for a deceased person.
9. Follow up with bereaved spouse in 48 hours or less, and then on an as-needed basis.
10. Other issues as they arise

D. General Introductory Meetings for New IL Residents:

1. Regular orientation meetings for new residents to describe the gamut of services at Collington including Social Services.
2. Regular (2 – 3 per year) presentation and discussion sessions for the Advanced Directive package: Durable Power of Attorney for health issues (PoA); Advanced Directive forms; and MOLST forms.

E. Resident Program/Involvement Groups with Social Service Support.

1. Parkinson Support Program.
2. Compassionate Care Giver group(s).
3. Early-stage Memory–decline Group.
4. Low-vision group

F. Support Groups to be led by Social Services for IL Residents

1. Bereavement/Grief group(s)

G. Information and Education:

1. Maintain up to date resource materials and new information on Social Service and Health related issues.
2. Provide/enable regular presentations for IL Residents on important and emerging social service topics.
3. Transportation services. Provide information about arrangements for:
 - i. Non-emergency ambulance services;
 - ii. Other forms of health-related transportation;
 - iii. Travel to health-related meetings outside Collington. (e.g. AA, Parkinson's educational /exercise/ support groups at Bowie Senior Health Center)

H. Social Service and Staff Development Educational Activities:

1. Plan and carry out in-service training for members of the Social Services Department and other departments on Social Service issues.
2. Plan and enable Sensitivity Training for all Collington staff.
3. Provide/enable regular presentations to IL residents on emerging Social Service topics.

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