

Collington Health Center Neighborhoods

Assisted Living:

Brandywine (9 beds) 3rd Floor

Residents in the Brandywine are provided with minimal supervision of daily living activities. These residents are mainly independent, most often fully ambulatory, continent, and are in need of only minor assistance, such as meal preparation, medication administration, daily check-in services, laundry services, and light housekeeping. These residents are provided with room visits from Physicians, Podiatrist, and Dentist services. Brandywine residents are offered occasional assistance with accessing social and recreational services of interest. Residents in this neighborhood are provided with uncomplicated psychosocial support. Residents are provided with occasional assistance with accessing and coordinating health services.

Potomac (20 beds) 4th Floor

Residents in the Potomac are provided with individualized care to meet their unique needs. These residents may require some assistance with their daily living activities and care with cuing and supervision by staff. These residents may require substantial support with up to two or more daily living activities. Some residents may require more cognitive direction and/or advanced medication and treatment administration, such as diabetic needs and Coumadin therapy. These residents are provided with access and assistance to necessary health services. Residents are provided with social and recreational services of interest.

Arbor (36 beds) 3rd Floor

The Arbor Neighborhood is our Memory Care unit which offers a complete range of Dementia care programming and services designed to meet the needs of both the residents and their families. The Arbor provides a safe and secure environment where residents are encouraged to participate in a variety of stimulating recreational programs that is individualized to promote independence. Most residents in the Arbor require constant supervision and redirection due to cognitive impairment. These residents require frequent hands-on assistance from staff with most, if not all activities of daily living.

Skilled Nursing:

Shenandoah (12 beds) 4th Floor

Shenandoah is our short term rehabilitation neighborhood which offers a specialized rehabilitation program for home bound residents who are recovering from injury, surgery, or hospitalization. This neighborhood is certified to provide skilled nursing and rehabilitation services to residents who qualify under the Medicare program. Every resident is evaluated by highly trained physical, occupational, and speech therapists who work in conjunction with our nursing team. Together, they provide personalized care to each resident, helping them to recover, and possibly exceed their former independence and quality of life.

Chesapeake (32 beds) 4th Floor

The Chesapeake Neighborhood is our long term care unit which is also certified to provide skilled nursing and rehabilitation services to residents who qualify under the Medicare and Medicaid programs. These residents need full assistance with many of their essential daily tasks. These residents generally have complex medical conditions and require assistance with grooming, eating, medication management, toileting, dressing, and bathing.